

Beaute Par Zai Presents

Mother and Child **Massage** A Loving Touch



Beaute Par Zai offers the best & latest treatments for pregnant Mother and/or for Babies
A MUST HAVE TREATMENT Asia fit magazine Jan/Feb 2003.

EVEN tiny tots can indulge in massage and the benefits to babies and parents can last a lifetime. An ancient tradition in many cultures, this practice is being rediscovered in the West, with clinical evidence showing that loving, touching, nurturing contact can improve communication between parent and baby. **Massage techniques** can calm emotions, relieve stress, strengthen the immune system and soothe babies. Eye contact and vocalizing are also important when massaging your baby, as well as cosy atmosphere. Relaxing music, a warm towel to lay your baby on and a pure, delicate oil can all be incorporated into an everyday routine. Gently (rubbing and stroking the baby's back, arms, legs, head and belly, rubbing belly with peppermint oil is beneficial for cholic babies) Oxyessential with Aromatherapy oil add more benefits for caring best result (Please ask for more details about oxyessential) and will naturally relax your baby. Workshops are being held in various hospitals and at the **Beaute Par Zai** by salon owner **Nigar**.

Please visit our website: www.spabpz.com

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